DishWithDina Helping people embrace and develop new relationships with food.



Dina R. D'Alessandro, RDN, Founder & Chief Executive Life-changer

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Waiver of liability

Dina R. D'Alessandro aka DishWithDina ("the Provider") does not give medical advice, make any health claims, or guarantee a specific outcome, nor does the Provider offer any guarantee of success or definitive changed behavior. You accept full responsibility for decisions and it shall be your personal responsibility to ensure that any products, services, or information available through the Provider's services meet your specific requirements. As such, please consult with a medical professional before making any significant dietary or lifestyle adjustments.

The Provider holds the right to terminate an Agreement without refund with anyone who violates these Terms and Conditions.

Cancellation Policy

If you must cancel, please do so at least 48 hours prior to any scheduled appointment. If you cancel with less than 48 hours' notice, or do not show up (in person or virtually), your credit card on file will be charged full price for that session or a session will be deducted from a purchased package.

Refund Policy

Fees are non-refundable once a service is rendered. No refunds will be given for no-show appointments or cancellations with less than 48 hours' notice.

Package Policy

Unless otherwise agreed upon, sessions that are purchased as part of a 1-month package must be used within thirty (30) calendar days. Sessions that are purchased as part of a 3-month package must be used within ninety (90) calendar days. No refunds will be given for unused package sessions.